



Ministry of Education
SINGAPORE

Programme for Active Learning



Integrity, the Foundation . People, our Focus . Learning, our Passion . Excellence, our Pursuit



Education for the Future

Equipping our children with

skills

dispositions

knowledge

...for a fast-changing and globalised future.



Background of PAL

Primary Education Review Implementation (PERI) Recommendations (2009):

- To enhance primary education
- To realise a more holistic primary education
- To equip students with skills and values to thrive in a fast-changing and globalised future



From Pre-school to Primary School

- Hands-on learning experiences
- Fun and enjoyable
- Peer interaction
- Self-discovery

PAL facilitates smooth transition from Pre-school to Primary School education

Objectives of PAL

Outdoor
Education



Visual Arts



Performing
Arts



Sports &
Games

(1) Broad exposure & experiences through fun and varied activities

Objectives of PAL

Values

Responsibility

Respect

Resilience

Integrity

Care

Harmony

Excellence

Teamwork

Social Emotional Competencies

Self Awareness

Social Awareness

Self Management

Relationship

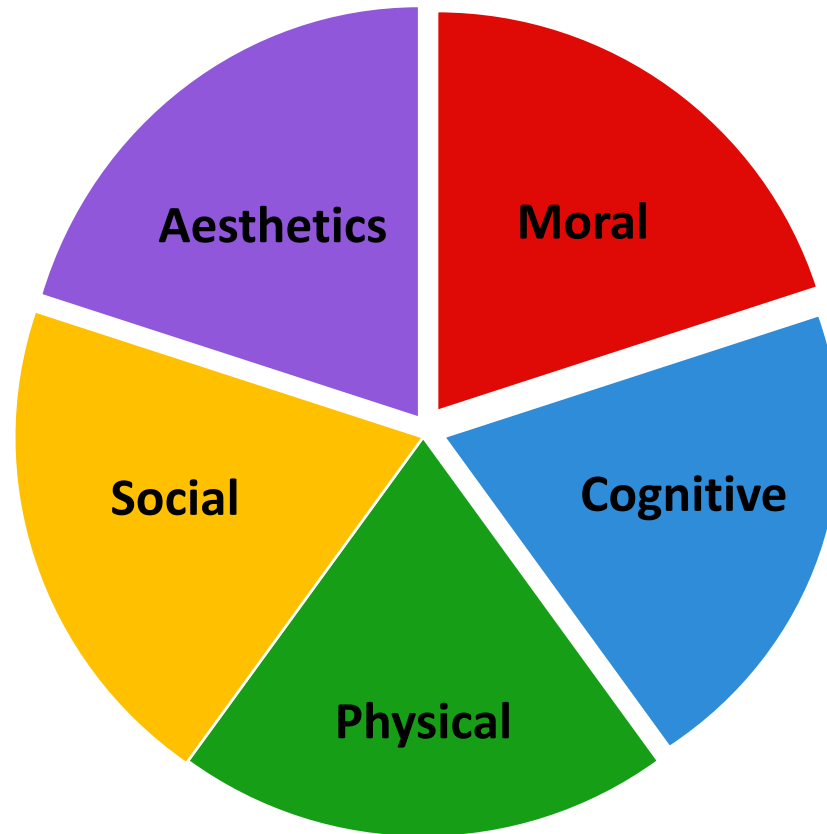
Management

Responsible Decision

Making

(2) Values and Social & Emotional Competencies

Objectives of PAL



(3) Holistic Development of the Child



Characteristics of PAL

- Experiential in nature
- Fun and Enjoyable
- Encompasses learning in a creative way
- Provides opportunities for children to create
- Incorporates values education and social and emotional learning

PAL Learning Outcomes

In PAL, students will:

- Exhibit **confidence** in what they do and **express themselves effectively**
- Exhibit **curiosity** and **positive attitudes** to learn
- Enjoy **group experiences** and **teamwork**



PAL @ Rivervale Primary School

All Primary 1 & 2 students will participate in PAL.

2 hours of PAL a week

4 Domains over 2 years:

- Sports & Games
- Outdoor Education
- Performing Arts
(Music / Dance / Speech & Drama)
- Visual Arts



PAL Trained Teachers

- PAL Coordinator – Mdm Ng Hwee Koon

4 Domains:

- **Outdoor Education/ Sports and Games** – Mdm Norasidah, Mdm Liyana
- **Music & Dance** – Ms Nanthini
– Mrs Pauline Foong
- **Visual Arts** – Mdm Nurasyiqin
- **Speech & Drama** – Mdm Aliz Lim





Thank you!