PAM Curriculum

Physical Education
Art
Music





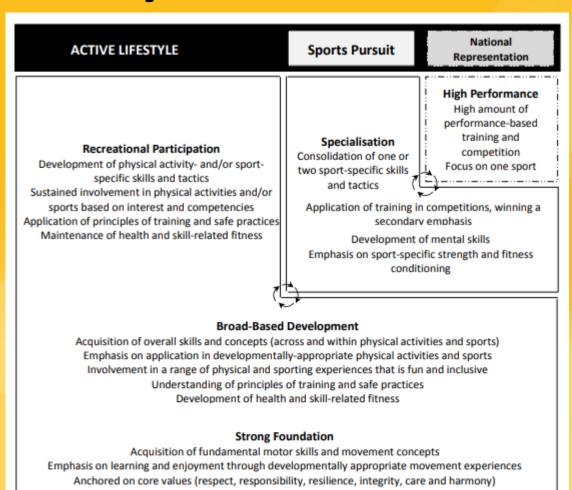


Physical Education &

Dance and Fitness (Learn for Life Programme)



Physical Education





Strong Foundation

Acquisition of fundamental motor skills and movement concepts

Emphasis on **learning and enjoyment** through developmentally appropriate movement experiences

Anchored on core values (respect, responsibility, resilience, integrity, care and harmony)





Recreational Participation



Development
of physical
activity- and/or
sport-specific
skills and tactics



Sustained
involvement in
physical activities
and/or sports based
on interest and
competencies



Application of principles of training and safe practices



Maintenance of health and skill-related fitness









Learning Areas for Primary 3 and Primary 4

Primary 3	Primary 4
Swimming	Athletics
Dance	Dance
Games and Sports	Games and Sports
Gymnastics	Gymnastics
Outdoor Education	Outdoor Education
Physical Health and Safety	Physical Health and Safety



















Programmes beyond PE lessons

- Sports Education Programme
- Sports Carnival
- Dance and Fitness (LLP)





Assessment

Our Approach

- integrated into teaching and learning
- continuous process and done throughout the unit
- use of performance rubrics

Overview of assessment areas

 Students will be assessed in the learning areas based on the Learning Outcomes of the PE syllabus

(e.g. Games and Sports: Students are assessed on ability to strike using underhand movement with an implement over a badminton net.)



Aesthetics Curriculum

Art and Music Exposure





























Learning Domains

ART	MUSIC
See (Observe – Inquire)	Appreciate
Express (Create – Innovate)	Create
Appreciate (Connect – Respond)	Perform

















Art and Music Curriculum in P3 and P4

- Art
 - Exploring elements of art through technology and different mediums
- Music

Keyboard and Recorder lessons through music from Singapore and other

cultures











Assessment

- Performance task (e.g. singing and/or playing an instrument in a solo/ensemble context)

