PAM Curriculum

Physical Education
Art
Music







Physical Education

National **Sports Pursuit ACTIVE LIFESTYLE** Representation High Performance High amount of performance-based training and Specialisation Recreational Participation competition Consolidation of one or Development of physical activity- and/or sport-Focus on one sport two sport-specific skills specific skills and tactics and tactics Sustained involvement in physical activities and/or sports based on interest and competencies Application of training in competitions, winning a Application of principles of training and safe practices secondary emphasis Maintenance of health and skill-related fitness Development of mental skills Emphasis on sport-specific strength and fitness conditioning **Broad-Based Development**

Acquisition of overall skills and concepts (across and within physical activities and sports)
Emphasis on application in developmentally-appropriate physical activities and sports
Involvement in a range of physical and sporting experiences that is fun and inclusive
Understanding of principles of training and safe practices
Development of health and skill-related fitness

Strong Foundation

Acquisition of fundamental motor skills and movement concepts

Emphasis on learning and enjoyment through developmentally appropriate movement experiences

Anchored on core values (respect, responsibility, resilience, integrity, care and harmony)





Broad-Based Development

- Acquisition of overall skills and concepts and application
- Involvement in a range of physical and sporting experiences
- Development of health and skillrelated fitness





Recreational Participation

- Development of physical activity- and/or sport-specific skills and tactics
- Sustained involvement in physical activities and/or sports based on interest and competencies
- Application of principles of training and safe practices
- Maintenance of health and skill-related fitness

















Learning Areas for Primary 5 and Primary 6

Primary 5	Primary 6
Athletics	Athletics
Dance	Dance
Games and Sports	Games and Sports
Gymnastics	Gymnastics
Outdoor Education	Outdoor Education
Physical Health and Safety	Physical Health and Safety

















Programmes beyond PE lessons

P5 Camp

Sports
Education
Programme

Sports Carnival



Assessment

Our Approach

- integrated into teaching and learning
- continuous process and done throughout the unit
- use of performance rubrics

Overview of assessment areas

 Students will be assessed in the learning areas based on the Learning Outcomes of the PE syllabus

(e.g. Games and Sports: Students are assessed on movement skills and concept in a game of Basketball)



Aesthetics Curriculum

Art and Music Exposure































Learning Domains

ART	MUSIC
See (Observe – Inquire)	Appreciate
Express (Create – Innovate)	Create
Appreciate (Connect – Respond)	Perform

















Overview of Art and Music Lessons

- Art
 - Students learn about sketching and 3D printing in art.
- Music
 - Students learn different instruments such as keyboard, ukulele, before coming together to form a pop band, later in the year.
- Art and Music students also tap on the affordances of technology in their learning
 - Receiving peer feedback through platforms such as SLS and Padlet
 - Use of the iPad to learn sketching and make music through BandLab.

Assessment

- Performance task (e.g. singing and/or playing an instrument in a solo/ensemble context)











