

Primary 2 Parent Engagement Session

6 February 2024

Follow us on Instagram!



We will be starting the session shortly.

We seek your cooperation on the following:



No videography
No photography



All slides will be made available on the
school website at a later time.

Rivervale Primary

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Succeed & Excel



P2 Parent Engagement Session

Video Conference Meeting Etiquette

1. Please turn on your video
2. Use earpiece for better audio clarity
3. Mute your microphone to minimize background noise for other participants.
4. Q&A session will be opened to the floor only after the presentation.
5. During the Q&A session, please type your questions using the chat function.





Objectives:

- To communicate school direction and partner parents in the holistic development of Riverlites
- To provide a platform for parents to dialogue and connect with Form Teachers



PROGRAMME

1. Principal's Address

2. Sharing by YH/AYH:

- **Highlights of 2024**
 - Reporting and Supporting Student Learning
- **Student Well-Being**
 - Student Survey and Managing Student Well-Being
 - Growth Mindset
 - For Parents By Parents – Sharing by PSG

3. Interaction with Form Teachers (breakout room)



Principal's Address



TYPES OF PARENTING



Authoritative

- Clear expectations
- Definite rules
- Supportive



Authoritarian

- High expectations
- Disciplined
- Unsupportive



Permissive

- Low expectations
- Excessive responsiveness



Uninvolved

- No boundaries
- Little support

4Cs of Parenting

Care

Consistency

Choices

Consequences



Care



Consistency



Choices



Autonomy



Decision-
Making Skills



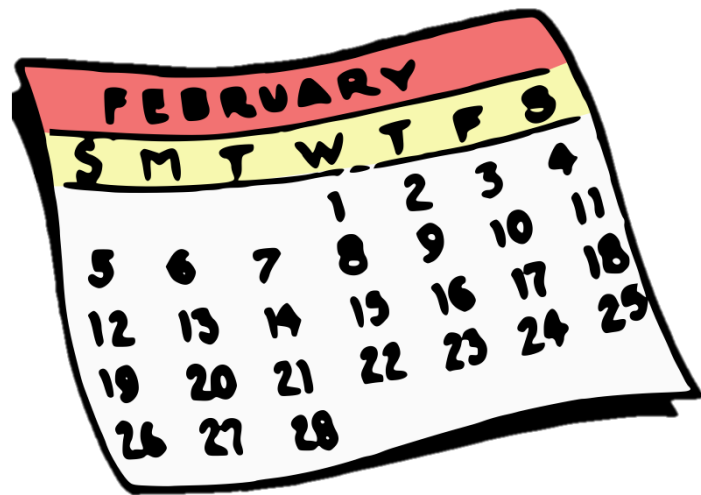


Home-School Partnership

- Modes of communication
- Email or call school/teacher
- Reasonable response time
- Seek clarifications



Highlights of 2024



Highlights of 2024



	Primary 2
Term 1	<ul style="list-style-type: none">• Modular CCA (9 Jan onwards)• P2 MT Neighbourhood LJ (4 Mar onwards)
Term 2	<ul style="list-style-type: none">• Student-Led Conference (17 Apr)• English Language Week- Character Parade (1 Apr onwards)• International Friendship Day (5 Apr)• NESS cum EL/MA LJ (7 May and 9 May)
Term 3	<ul style="list-style-type: none">• Racial Harmony Day (19 July)• National Day Celebration (8 Aug)• Teacher’s Day Celebration (30 Aug)
Term 4	<ul style="list-style-type: none">• Children’s Day Celebration + Sports Carnival (3 Oct)• P2 Home Based Learning (30 Sep to 1 Oct)





Student-Led Conference (17 Apr, 7.30 p.m. – 1.30 p.m.)

Face-to-Face meeting with parents to engage parents in conversations about child's social and academic progress or needs.



Student Development



Top 3 Concerns from P2 Students

Term 1 Check-In Survey

I am worried if I lose my things in school.

No.	2024 Concerns
1.	Loss of personal items
2.	Level of difficulty
3.	Prefer having more lesson outdoors

I am afraid if the schoolwork gets more difficult.

I hope to have more lessons outdoors.

* Generally, students were happy to be back to school after the long Nov-Dec holidays



What to Expect at Primary 2?

Greater Accountability

- expected to pack their own school bags and look after their belongings
- write down homework in their handbook daily
- attend school regularly
- seek clarification when in doubt or when they need help



What to Expect at Primary 2?

Greater Rigour

- exposed learning tasks that require them to elaborate their ideas in writing
- takes time for your child to adapt to the new rigour of expressing and expanding their ideas in writing
- develop good study habits and skills.



What to Expect at Primary 2?

Deepening Relationships

- Peer relationships will be deepened
- More issues on daily communication and interaction
- Engaging in ways on how to seek help in various situations

Adapted from Betterinternet.sg

Does your child understand concepts like relationships and reputations?

Your child should be able to tell apart a real friend from someone who 'follows' them online. Otherwise, they may be pressured into making choices like cyber-bullying or sexting (i.e., sending or receiving sexually explicit photos or texts, of themselves or someone else) to fit in.



Are they able to manage their time?

Is your child able to balance schoolwork and play time? Make sure they show good time-management skills before letting them use social media.



Do they obey the rules you set them?

If your child often breaks your rules on chores, homework, or bedtime, they might not be ready for rules on how to behave in a much more complicated online space.



Is your child confident?

Social media can be hard on anyone's self-esteem, so make sure your child shows self-confidence before letting them use it. One easy way to test this is to ask them to say three good things about themselves.



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<https://www.schoolbag.edu.sg/story/13-and-ready-for-social-media-or-not>

Your Handy Guide to Cultivating Healthy Screen Use in Children

Tips on healthy screen use for your family!

Manage Your Child's Screen Use

- Consider the needs of your child when setting boundaries of screen use as a family. Discuss with your older child where necessary.
- Have a plan that balances screen use with other activities.

Model Healthy Media Habits

- Review your own media habits.
- Encourage daily 'screen-free' times, especially during family meals or when interacting with one another.

Encourage Meaningful Screen Use

- Discuss with your child about what he/she is viewing.
- Prioritise active screen use that engages your child over passive screen use that does not require him/her to think or interact.

0 to 18 months

- Discourage any screen use (unless it is for interactive video chatting) because the early years are a critical period for your child's brain development.

AVOID...

- ✗ Background screen use (i.e. having devices turned on in the background even when your child is not watching them)

1.5 to 6 years

- If your child is aged between 1.5 to 3 years, try to limit screen use to less than one hour a day.
- Carefully choose age-appropriate and educational content for your child.
- Watch media together with your child, and talk to your child about the content to keep him/her engaged

AVOID...

- ✗ Screen use during mealtimes and one hour before bedtime
- ✗ Background and passive screen use (i.e. screen use without thought, interaction or learning)

7 to 12 years

- Discuss with your child and create a timetable that strikes a healthy balance between screen use and other activities such as school work, physical exercise and sleep.
- Have discussions about harmful influences of online activities with your child. Take appropriate steps if your child has difficulty regulating screen use.

AVOID...

- ✗ Screen use during mealtimes and one hour before bedtime

Downloaded by local practitioners, academics, and representatives from ministries and agencies. For more information, refer to Guidance on Screen Use in Children at <https://go.gov.sg/moh-screenadvisory>

<https://www.healthhub.sg/programmes/parent-hub/primary>



Recognising and Talking about Anxiety

1. Ask Open-Ended Questions
2. Listen Actively
3. Follow your child's interest
4. Problem Solve Together
5. Be a Role Model



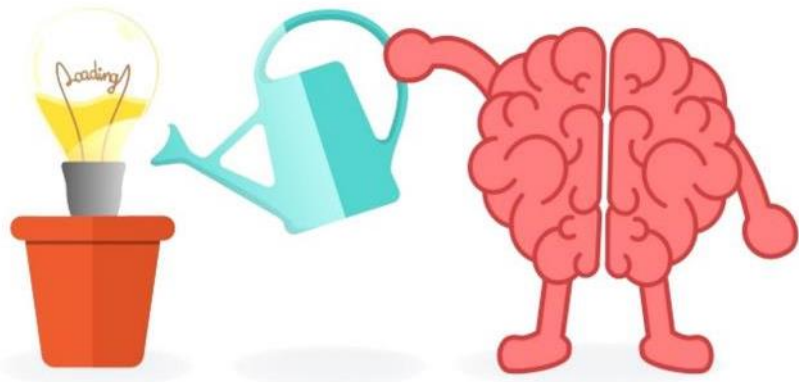
<https://www.schoolbag.edu.sg/story/recognising-and-talking-about-stress>

Other useful resources

- <https://www.schoolbag.edu.sg/story/signs-that-your-child-may-be-too-stressed>
- <https://www.schoolbag.edu.sg/story/5-questions-to-ask-your-kids-over-dinner>
- <https://www.schoolbag.edu.sg/story/5-practical-tips-on-setting-realistic-parenting-expectations>
- <https://www.schoolbag.edu.sg/story/helicopter-parenting>
- <https://www.schoolbag.edu.sg/story/recognising-and-talking-about-stress>



Student Development: GROWTH mindset



What is GROWTH Mindset?

GROWTH MINDSET

- The belief that with practise, perseverance and effort, people have **limitless potential to learn and grow**
- Assumes that intelligence and other qualities, abilities and talents can be developed with effort, learning and **dedication over time.**



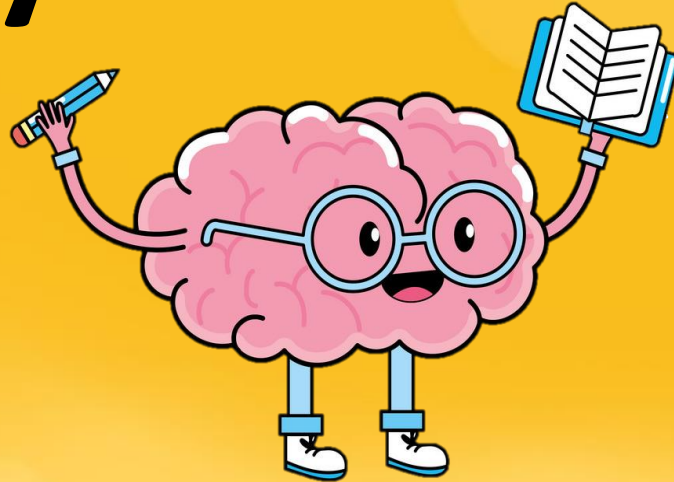
Why **GROWTH** Mindset?

- The school recognises the importance of developing student's innate motivation so that they enjoy learning and continue to learn beyond the formal curriculum.
- **Growth Mindset** focuses on the importance of embracing challenges, persisting in the face of obstacles and learning from mistakes.
- By changing the way students think, we can change the way they learn.



GROWTH MINDSET mantra

1. Everyone Can Learn!



2. My Brain is a Muscle That Grows



Promoting GROWTH

Mindset at home...



1. Tell Your Child How Their Brain Works

When a child learns that their **brain will continue to learn and grow**, they're more likely to let that happen, rather than accepting that they can only learn or know so much.

2. Be A Growth Mindset Role Model

To help your child develop a growth mindset, you should model one, **yourself**.

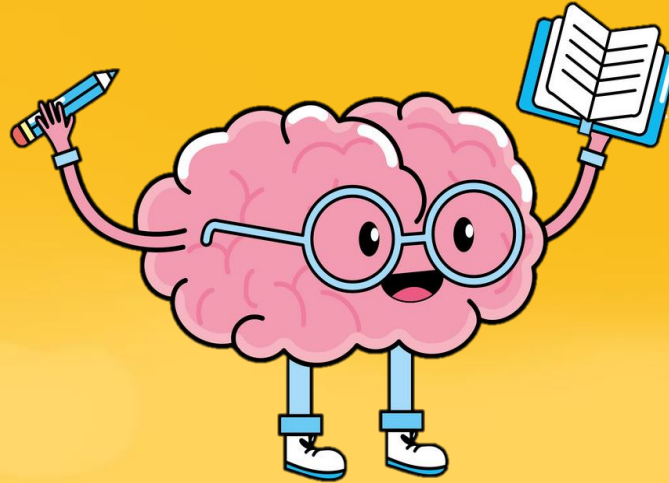
3. Praise Your Child's Effort

Focus on the process. If children learn that only the outcome matters and not the effort behind it, they'll never think they can do more or try harder to change that outcome.



2024

**My Brain is a
Muscle That
Grows**



**I Can't Take
Care of Others
If I Don't Take
Care of Myself**



GROWTH Mindset: *I Can't Take Care of Others If I Don't Take Care of Myself*

- A **well-rounded self-care and preservation routine**, no matter how small **is essential** to your **child's holistic well-being and success**
- To support well-being for your child, you need to take care of your child's **mental, physical, social/emotional and spiritual well-being.**



For Parents By Parents:

Sharing by PSG
Mdm Erica Sham



For Parents by Parents: Sharing by PSG Member : Mdm Erica Sham



Q & A

Please type your questions using the chat function.



Parent's Support



“No school can work well for children if parents and teachers do not act in partnership on behalf of the children’s best interests.”

~ Dorothy H Cohen



Interaction with Form Teachers



Interaction with Form Teachers

- Join the respective breakout rooms according to your child's class.
- Your child's Form Teachers will be in the rooms to interact with you.
- You may leave the meeting at the end your interaction with the Form Teachers.

2RESPECT	Mdm Lau Wan Yu
	Ms Vijay
2RESPONSIBILITY	Mdm Nashita Md Idris
	Mr David Chua
2RESILIENCE	Mrs Janet Quek
	Mdm Li Song
2INTEGRITY	Mdm Yong Jui Lin
	Mdm Chiah Min Hui
2CARE	Mdm Nur Shazlina
	Ms Ong Shi Teng
2HARMONY	Mrs Sally Tay
	Mdm Nazrah Hanani
2EXCELLENCE	Mrs Linda Goh
	Mrs Kiran Jacqueline





Thank You!



FOR YOUR SUPPORT

Rivervale Primary

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