



**Principal's Address for Primary 1 Parents**  
**Thursday, 2 January 2025**

# Presentation Outline

1. Team Rivervale
2. VMV and Motto
3. Our Belief
4. Niche Programmes: LLP & ALP
5. Partnering the School
6. Growth Mindset
7. Contact Details



# Vision

*The Rivervale –  
School of Excellence, Individuals of Character*

# Mission

*To inspire and develop Riverlites to be  
Caring, Adaptable and Confident*



# Motto

*Succeed and Excel*

# Core Values

**R<sup>3</sup>ICHET**

*Respect, Responsibility, Resilience,  
Integrity, Care, Harmony, Excellence, Teamwork*



# Learning Dispositions in Rivervale

## Curiosity

*The child has the desire to learn.*

## Reflectiveness

*The child thinks about his learning.*

## Commitment

*The child is ready to learn.*

## Resourcefulness

*The child is able to make use of resources.*



# Our Belief

*We strive to be better  
today than we were  
yesterday!*

# Partnering the School: Growth Mindset

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"YOU ARE EITHER GOOD AT SOMETHING,  
OR NOT"  
- FIXED MINDSET

I'M NOT A  
MATH  
PERSON

...actually, y



# Applied Learning Programme (ALP)

## Multi-Literacy Programme

- Equips with different literacies necessary for the VUCA world
- Encompasses Civic Literacy, Cyber Wellness, Digital Literacy, Environmental Literacy and Financial Literacy





# Learning for Life Programme (LLP)

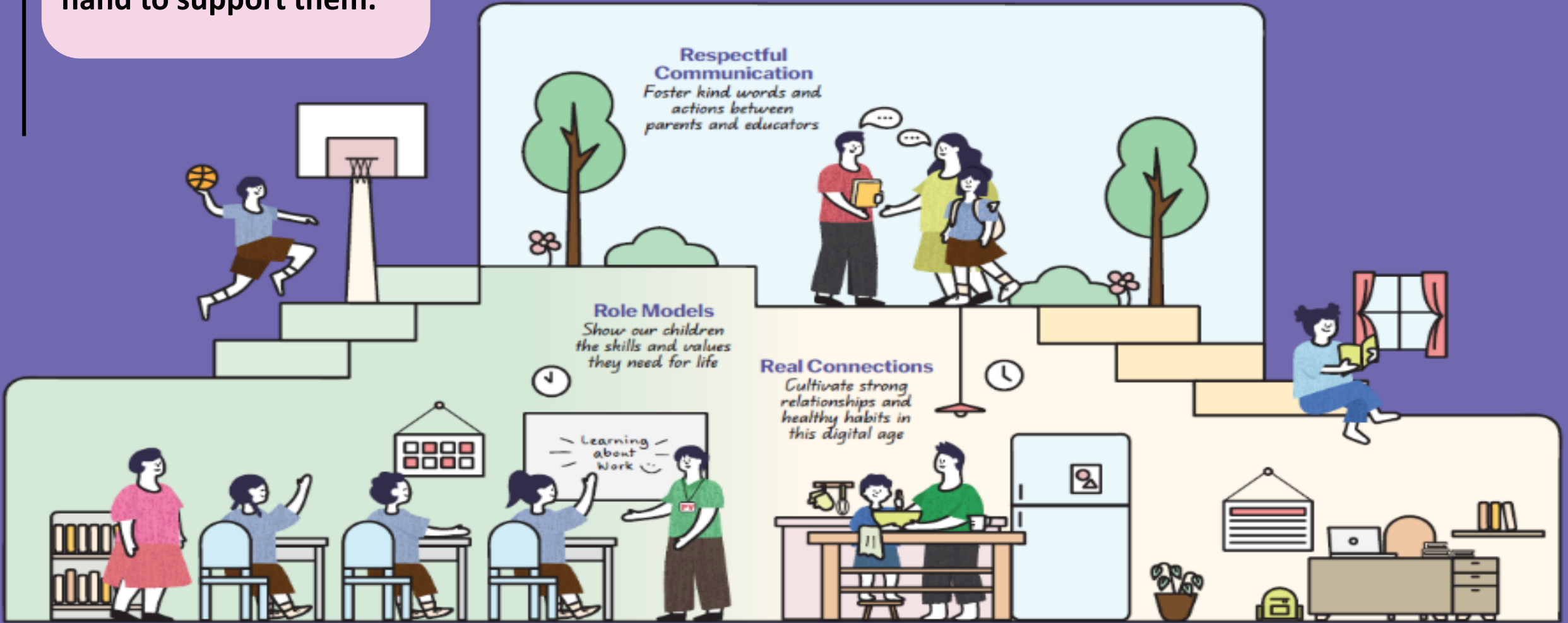
## Dance and Fitness

- Encompasses dance literacy, fitness and movement
- Develops an appreciation for dance
- Inculcates habits of active lifestyle



# Raising a Happy, Confident, and Kind Generation Together

Our children do best when schools and parents work hand in hand to support them.



### Respectful Communication

*Foster kind words and actions between parents and educators*

### Role Models

*Show our children the skills and values they need for life*

### Real Connections

*Cultivate strong relationships and healthy habits in this digital age*

# 3 areas we can work together on to foster School-Home Partnership

**1 Respectful Communication**



**2 Role Models**

**3 Real Connections**

# Respectful Communication

**Foster kind words and actions  
between schools and educators**



Listen to and understand each other's perspectives and concerns regarding each child



Communicate kindly using official channels. Teachers are not required to share their personal mobile numbers



Respect each other's time by communicating during working hours



# Role Models

Show our children the skills and values they need for life



Find joy in everyday experiences with our children



Instill confidence by encouraging responsibility and believing in our children's abilities



Model good values in words and actions

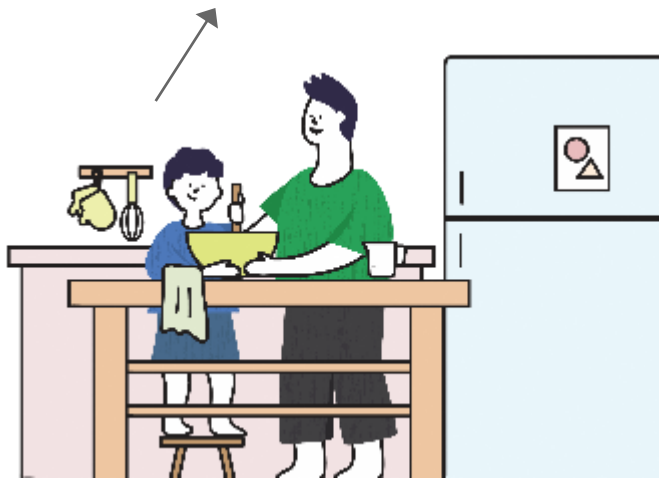


*Check out this video on MOE YouTube for tips on how parents can support the social-emotional learning of their children.*

# Real Connections

## Cultivate strong relationships and healthy habits in this digital age

Establish good habits for our children to stay confident and in control of their technology use



Provide a balanced mix of engaging online and offline activities, at school and at home

Build strong bonds through shared experiences and meaningful conversations

**Building Relationships** Page 20

**Helping Your Child Build Healthy Relationships**

Healthy relationships and supportive networks contribute to your child's overall well-being, and allow them to experience a sense of community and belonging.

**Things You Can Do**

- 1. **Expose your child to a range of social situations.**
  - For younger children, create opportunities for them to interact with other children of similar ages (e.g. attend school camps).
  - For older children, encourage them to make friends with peers who have similar interests.
- 2. **Encourage your child to strengthen existing relationships.**
  - Foster healthy relationships with supportive extended family members.
  - Encourage your child to stay in touch with their friends and trusted adults (e.g. meet up with former classmates, visit former teachers on Teachers' Day).

**Things You Can Say**

1. **Talk to your child about the qualities that make a good friend (e.g. empathy, being respectful), and how to exhibit these qualities.**

When you see your friend struggling, put yourself in their shoes. How would you want a friend to support you?
2. **Older children are often figuring out the balance between being themselves and fitting in with others. Stay connected with your child and let them know that they can talk to you if they feel pressured to act in ways that they are uncomfortable with.**

If you ever feel pressured to do something or be someone you are not in order to fit in, please know that you can come to me to share your thoughts and struggles. We will work through that together.
3. **Listen to your child's problems and ask probing questions to help them find ways to resolve their friendship issues.**

How has this affected you or your friend?  
What are your expectations of a good friend?  
How can you make things better?

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**you've got this!**

**Navigating the Digital Age** Page 54

**Helping Your Child Thrive in the Online Space**

It is important to help your child understand that not everyone holds the same point of view as them. To help them navigate these differing viewpoints, you can guide them to express their opinions confidently online while respecting others' opinions. This will help them contribute to a healthy online community.

**Things You Can Do**

- 1. **Encourage your child to keep an open mind and provide opportunities for them to access information that would enable them to consider issues from multiple perspectives.**

Why do you think they said that?  
If you were in their shoes, would you agree with their opinion?  
Consider the issue from another perspective by applying **S.U.R.E.** (Source, Understand, Research, and Evaluate).
- 2. **When your child is responding to another person online, encourage them to exercise empathy and respect. If you notice that your child is engaging in negative behaviours (e.g. sending unkind messages), correct them and help them to understand why their actions are wrong.**

Is your message respectful and empathetic?  
Consider the issue from another perspective by practising **T.H.I.N.K.** (Thoughtful, Helpful, Inspiring, Necessary, and Kind).
- 3. **Posts with negative comments may upset your child, even if they are not directed towards them. Encourage your child to share their thoughts and feelings about these comments with you or a trusted adult.**

How do these comments make you feel?  
It's okay to feel upset. It's also okay not to respond to these comments. Shall we turn off the comments and notifications, and do something else for now?

\* S.U.R.E. is part of the National Library Board's Information Literacy programme.

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**you've got this!**



Check Parenting for Wellness Toolbox for conversation starters to facilitate meaningful conversations, and practical strategies on parenting in a digital age.



# Contact Details

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*Thank You!*

