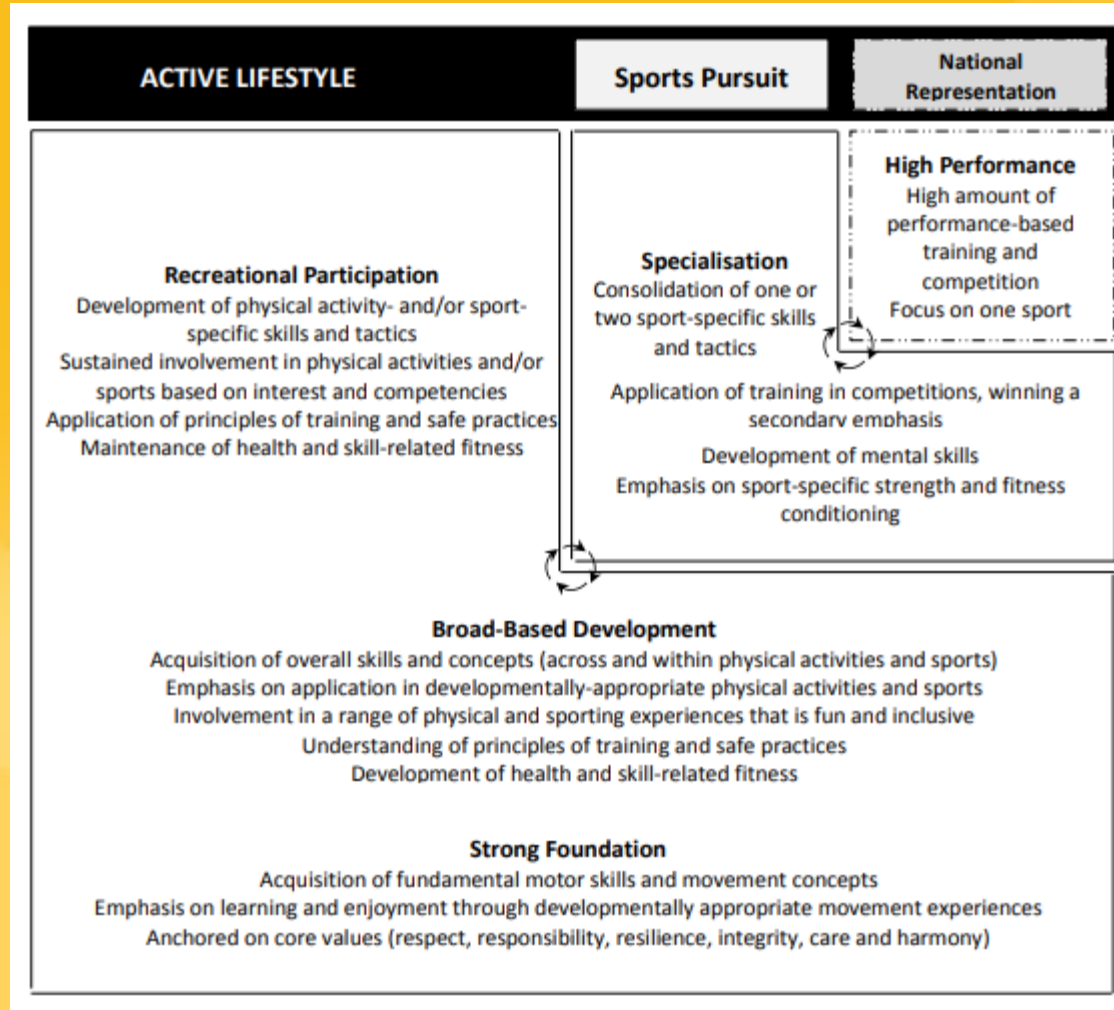


Physical Education Subject Sharing for Primary 3 and Primary 4 Parents

Physical Education & Dance and Fitness (Learn for Life Programme)



Physical Education



Strong Foundation



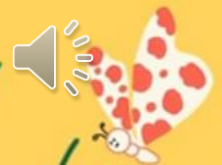
Acquisition of **fundamental motor skills** and **movement concepts**



Emphasis on **learning and enjoyment** through developmentally appropriate movement experiences



Anchored on **core values** (respect, responsibility, resilience, integrity, care and harmony)



Broad-Based Development

- Acquisition of **overall skills and concepts** (across and within physical activities and sports)
- Emphasis on **application** in developmentally-appropriate physical activities and sports
- Involvement in a range of physical and sporting experiences that is **fun and inclusive**
- Understanding of principles of training and **safe practices**
- Development of **health and skill-related fitness**



Recreational Participation



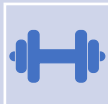
Development of physical activity- and/or sport-specific skills and tactics



Sustained involvement in physical activities and/or sports based on interest and competencies



Application of principles of training and safe practices



Maintenance of health and skill-related fitness



Learning Areas for Primary 3 and Primary 4



Primary 3	Primary 4
Athletics	Athletics
Dance	Dance
Games and Sports	Games and Sports
Gymnastics	Gymnastics
Outdoor Education	Outdoor Education
Physical Health and Fitness	Physical Health and Fitness
Swimming	----



Programmes beyond PE lessons






Movement@
RiVPS

Sports
Education
Programme

Inter-Class
Competition



Movement@RiVPS

<p>Name: _____ Class: _____</p> <p>AGILITY</p>  <p><input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/></p>	<p>Name: _____ Class: _____</p> <p>ENDURANCE</p>  <p><input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/></p>	<p>Name: _____ Class: _____</p> <p>POWER</p>  <p><input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/></p>	<p>Name: _____ Class: _____</p> <p>MUSCULAR ENDURANCE III</p>  <p><input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/></p>	<p>Name: _____ Class: _____</p> <p>MUSCULAR ENDURANCE I</p>  <p><input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/></p>
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Sports Education Programme





Inter-Class Competition





Dance and Fitness (LLP)





Thank You!



FOR YOUR SUPPORT

Rivervale Primary

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Succeed & Excel

