

# Primary 6 Parent Engagement Session

Follow us on Instagram!



4 February 2025

3.30 p.m. - 5.00 p.m.



We will be starting the session shortly.

We seek your cooperation on the following:



No videography  
No photography



All slides will be made available on the school website at a later time.



Rivervale Primary

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Succeed & Excel





# P6 Parent Engagement Session

## Video Conference Meeting Etiquette

1. Please turn on your video
2. Use earpiece for better audio clarity
3. Mute your microphone to minimize background noise for other participants.
4. Q&A session will be opened to the floor only after the presentation.
5. During the Q&A session, please type your questions using the chat function.





# Objectives:

- To communicate school direction and partner parents in the holistic development of Riverlites
- To provide a platform for parents to dialogue and connect with Form Teachers



# PROGRAMME

## 1. School Leader's Address

## 2. Sharing by YH/AYH:

- **Key Dates 2025**
  - Reporting and Supporting Student Learning
- **PSLE and Sec 1 Posting Must-Knows**
  - Achievement Level (AL) Banding & Full Subject Based Banding (SBB)
  - Direct School Admission (DSA)
  - For Parents By Parents: Sharing by PSG
- **Student Well-Being**
  - Managing Stress, Cyberwellness, Growth Mindset

## 3. Interaction with Form Teachers (breakout room)



# School Leader's Address

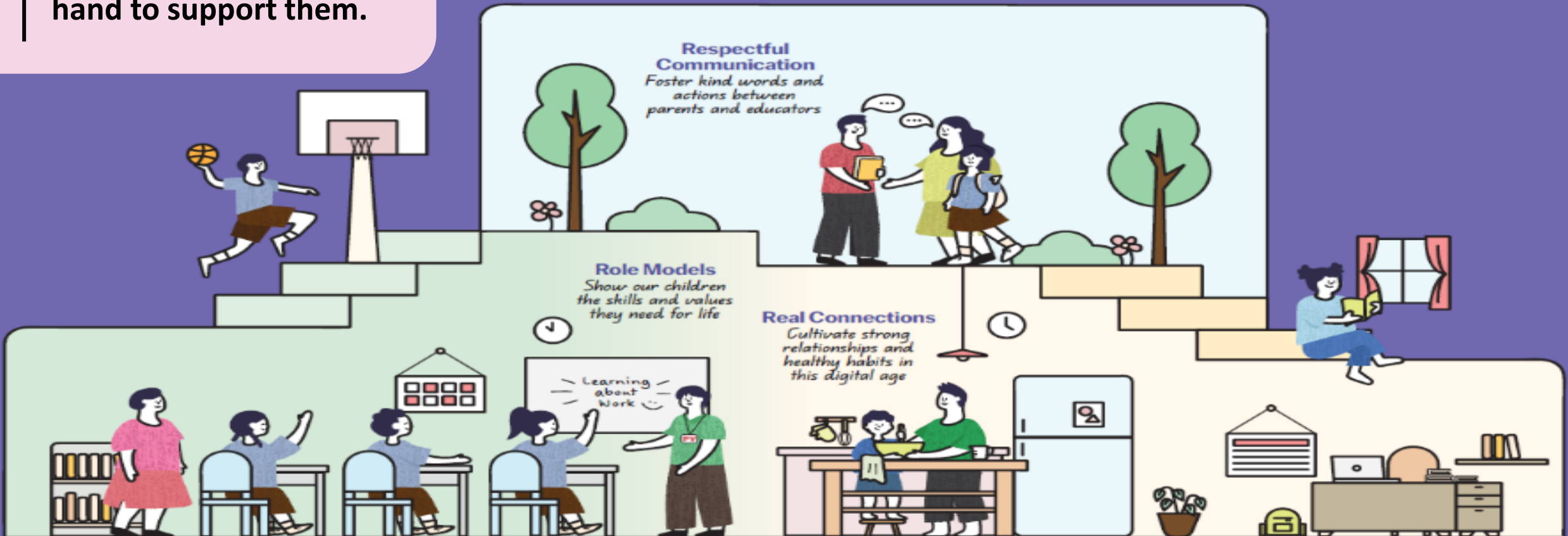


# School-Home Partnership

Guidelines for School-Home Partnership

## Raising a Happy, Confident, and Kind Generation Together

Our children do best when schools and parents work hand in hand to support them.



# 3 areas we can work together on to foster School-Home Partnership

**1 Respectful Communication**

**2 Role Models**

**3 Real Connections**





# Respectful Communication

**Foster kind words and actions  
between schools and educators**



Listen to and understand each other's perspectives and concerns regarding each child



Communicate kindly using official channels. Teachers are not required to share their personal mobile numbers



Respect each other's time by communicating during working hours



# Role Models

**Show our children the skills and values they need for life**



Find joy in everyday experiences with our children



Instill confidence by encouraging responsibility and believing in our children's abilities



Model good values in words and actions



*Check out this video on MOE YouTube for tips on how parents can support the social-emotional learning of their children.*



# Real Connections

Cultivate strong relationships and healthy habits in this digital age

Establish good habits for our children to stay confident and in control of their technology use



Provide a balanced mix of engaging online and offline activities, at school and at home

Build strong bonds through shared experiences and meaningful conversations



Check Parenting for Wellness Toolbox for conversation starters to facilitate meaningful conversations, and practical strategies on parenting in a digital age.

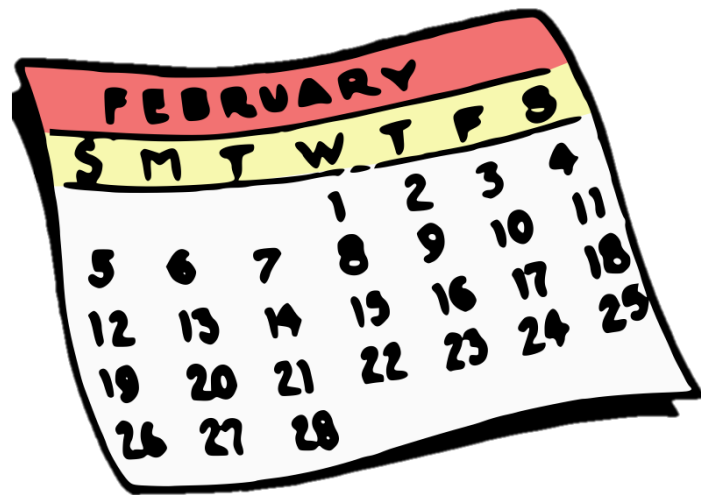


# Engagement Charter

- The partnership between schools and parents is an essential one.
- By promoting mutual courtesy and respect in our interactions with each other, we can be good role models for our children and build authentic partnerships that will better benefit our children.



# Key Dates 2025



# Key Dates 2025

	Primary 6
<b>Term 1</b>	<ul style="list-style-type: none"><li>• Term 1 Weighted Assessments (20 Feb – 9 Mar)</li></ul>
<b>Term 2</b>	<ul style="list-style-type: none"><li>• DSA Application (Apr-May)</li><li>• Student-Led Conference (23 Apr)</li><li>• Term 2 Weighted Assessments (8 May - 23 May)</li></ul>
<b>Term 3</b>	<ul style="list-style-type: none"><li>• CCA stand-down</li><li>• P6 PSLE Prelim: Listening Comprehension (1 Aug), Oral Examination (4 – 5 Aug), Written (25 – 29 Aug)</li><li>• PSLE Oral (13 – 14 Aug)</li></ul>
<b>Term 4</b>	<ul style="list-style-type: none"><li>• PSLE: Listening Comprehension (16 Sep), Written (25 – 29 Sep, 1 Oct)</li><li>• Post PSLE Programme</li></ul>

# Supporting and Reporting Student's Learning

## 1. P6 Motivational Programme

Dates:

- 24 Mar
- 30 Jun
- 28 Jul
- 15 Sep



# Supporting and Reporting Student's Learning

## 2. Student-Led Conference

(Wednesday, 23 Apr, 7.30 a.m. – 1.30 p.m.)

- Face-to-Face with parents
- Booking for SLC will be sent via PG nearer to the date.





# Supporting and Reporting Student's Learning

## 3. Self-Directed Learning

**English:** An application that is supported by National Library Board (NLB) for students to borrow digital/ audio books and boost the love of reading and the language.

- <https://libbyapp.com>

**Mathematics:** The main platform subscribed to by the school to boost skills and confidence in Mathematics. Accessible to all students.

- <https://www.koobits.com/>

**Science:** A website created by science teachers of Rivervale Primary School that pools together learning resources created both in-house and from external sources.

- <https://rivervalescience.wixsite.com/2020>



# Supporting and Reporting Student's Learning

## 3. Self-Directed Learning

**Mother Tongue:** Online platforms/applications to boost reading, comprehension and oral skills in Mother Tongue Languages (Chinese, Malay, Tamil).

- Chinese (subscribed by school):
  - <https://www.zbschools.sg>
  - <https://www.ezhishi.net>
- Malay (applications):
  - Pintar Peribahasa
  - Cerita Rakyat Nusantara
- Tamil (subscribed by school for P6 only):
  - <https://pazhahutamil.com/login/index.php>



# PSLE

## & Secondary School Postings Must-Knows




# CHOICE ORDER of schools matters more

- Students continue to have six choices in selecting their secondary schools.
- Posting will be based on academic merit, i.e., PSLE Score, and their school choice order.
- The following tie-breakers will be used in the following order:
  1. CITIZENSHIP
  2. CHOICE ORDER OF SCHOOLS (New tie-breaker from 2021 onwards)
  3. COMPUTERISED BALLOTING


**Jane**  
Singapore Citizen  
16 pts

SCHOOL CHOICES:  
1) Sch A  
2) Sch ...  
3) Sch ...  
4) Sch ...




**Bryan**  
Singapore Citizen  
20 pts

SCHOOL CHOICES:  
1) Sch B  
2) Sch ...  
3) Sch ...  
4) Sch ...




**Mary**  
Singapore Citizen  
20 pts

SCHOOL CHOICES:  
1) Sch A  
2) Sch B  
3) Sch C  
4) Sch ...




**Alan**  
Permanent Resident  
20 pts

SCHOOL CHOICES:  
1) Sch A  
2) Sch B  
3) Sch D  
4) Sch ...

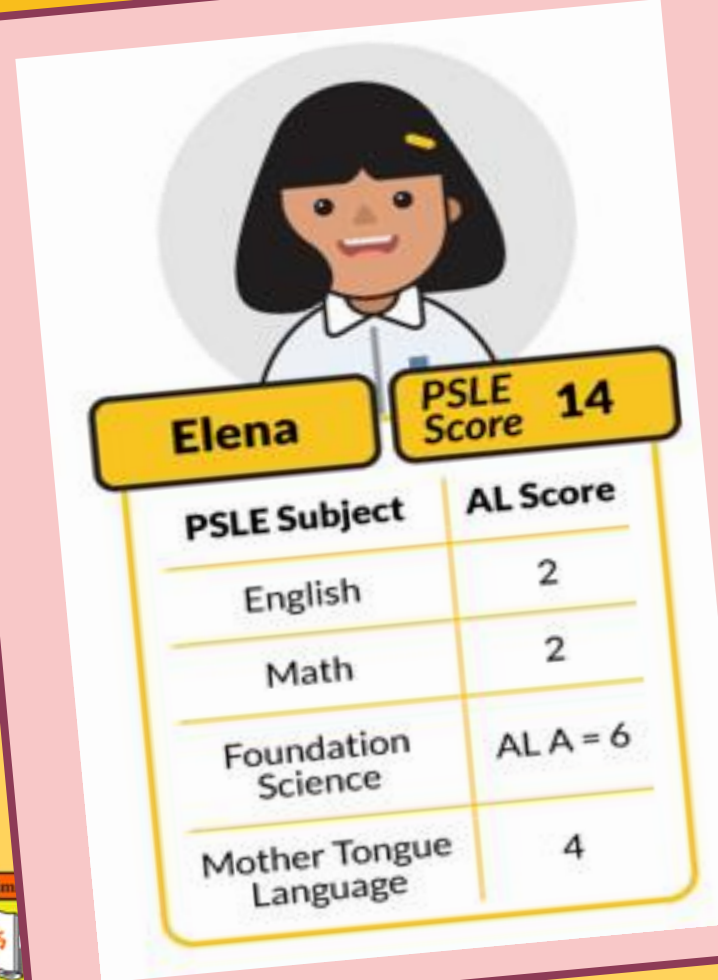


**Rina**  
Permanent Resident  
20 pts

SCHOOL CHOICES:  
1) Sch A  
2) Sch B  
3) Sch D  
4) Sch E



# Choice of Secondary Schools



**Elena** PSLE Score **14**

PSLE Subject	AL Score
English	2
Math	2
Foundation Science	ALA = 6
Mother Tongue Language	4



Choose 2 – 3 secondary schools where your child's PSLE score is **better than** the school's previous year's COP









# USE OF HIGHER CHINESE LANGUAGE (HCL) FOR ADMISSION INTO SPECIAL ASSISTANCE PLAN (SAP) SCHOOLS



# HCL POSTING ADVANTAGE FOR ENTRY TO SAP SCHOOLS WILL CONTINUE

Students who obtained a Distinction/Merit/Pass for HCL at the PSLE and an overall PSLE Score of 14 or better will receive a posting advantage when applying to SAP schools.

Students will be considered for admission to SAP schools in the following order

1st		7	NO HCL
2nd		8	DISTINCTION
3rd		8	MERIT
4th		8	PASS
5th		8	NO HCL
6th		9	DISTINCTION

Students with better PSLE Scores will be posted first, even if they did not take HCL

Amongst students with the same PSLE Score, those with better HCL grades will be posted first

- Students' HCL results are denoted as 'D' (Distinction), 'M' (Merit) or 'P' (Pass).
- Students who obtain (i) a Distinction / Merit / Pass in HCL and (ii) a PSLE Score of 14 or better are eligible for posting advantage to SAP schools.
- Students are ranked taking into account their performance in HCL.
- This posting advantage applies before the tie-breakers for S1 Posting.

**My child is  
entering secondary  
school soon!**



Ministry of Education  
SINGAPORE



**Full Subject-Based  
Banding (Full SBB)  
will be rolled out in  
secondary schools  
by 2024.**

**Find out what your  
child could look  
forward to.**

# **Full Subject- Based Banding (SBB)**





# WHAT IS FULL SBB?

- The aim of Full SBB is for students to:



Have greater ownership of their learning according to their strengths, interests, and learning needs.



Develop a growth mindset and an intrinsic motivation to learn for life.



Have more opportunities to interact with friends of different strengths, interests, abilities and talents.



Have more options for post-sec pathways, while ensuring they have strong fundamentals and can thrive in their chosen pathway.



**2027**

From 2027, students will sit for the Singapore-Cambridge Secondary Education Certificate (SEC) examinations,

Students will receive an SEC which reflects the subjects and subject levels that they offered.



# Full Subject-Based Banding

- For more information on Full SBB, please visit:

<https://www.moe.gov.sg/microsites/psle-fsbb/full-subject-based-banding/main.html>



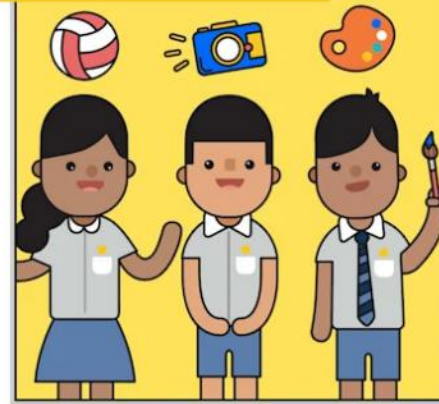
# Direct School Admission (DSA)



# Overview of DSA

- Direct School Admission for secondary schools (DSA-Sec) allows students to **gain direct entry** to certain secondary schools **based on their talent** in sports, CCAs and specific academic areas.

The school's programmes, subjects and CCAs that interest them



Location and transport options



School culture



# Eligibility

- Primary 6 students can apply for DSA-Sec based on a **wide-range of talents**, including:
  - Sports and games
  - Visual, literary and performing arts
  - Debate and public speaking
  - Science, mathematics and engineering
  - Languages and humanities
  - Uniformed groups
  - Leadership (for example, prefects)



# DSA Timeline for Parents:

Apr

- Explore the list of schools that offer DSA and their programmes

May -  
Jun

- Apply for the preferred schools through the DSA-Sec portal

Jul -  
Aug

- Shortlisted students to attend interviews, auditions or trials

Mid  
Sep

- Selected students will receive offers from the schools directly

End  
Oct

- Selected students to submit their school preferences through the DSA-Sec Portal

End  
Nov

- Admission will only be confirmed when the PSLE results are released



# For Parents By Parents:

## Sharing by PSG

Refer to school website for video



# Student Development





# Key Domains for Student Well-being

## Psychological

### Examples of Key Areas

- State of Mental Health
- Assessment Anxiety
- Stress and Coping
- Resilience



## Physical

### Examples of Key Areas

- State of Physical Health
- Weight Management
- Eating Habits
- Sleep Health
- Substance Abuse

## Student's Internal Factors

Values | Character | Developmental Stage  
Social Emotional Competencies  
Sense of Meaning & Purpose

## Cognitive

### Examples of Key Areas

- Academic self-efficacy
- Intrinsic motivation
- Learning engagement



## Social

### Examples of Key Areas

- Sense of belonging
- Relationships (peers/teachers)
- Civic mindedness
- Social mixing

## External Factors

Home environment | School environment | Digital environment

Restricted (Non-Sensitive)

# Focus on 4 key areas to lay the foundation for healthy habits early and pave the way for a better future for our children

1



## Eat Well

Fuel for growth and learning. Good nutrition can support growth and enhance overall health and development.

2



## Sleep Well

Rest for success. Healthy sleeping routines can improve concentration, mood, and physical development.

3



## Learn Well

Engage in diverse learning experiences for holistic development. Excessive screen use and unrestricted access to digital technology may hinder our children's learning and affect their mental well-being.

4



## Exercise Well

Active bodies, active minds. Regular physical activity can strengthen bodies, sharpen minds and boost self-esteem.

Equally important is **Bond Well** as bonding well supports and reinforces healthy lifestyles in children.



## Bond Well

Connect for better well-being. Strong relationships within the family and social connections with friends can strengthen emotional well-being, resilience, and overall development.

# Term 1 MOE Check-In Survey

I am scared of PSLE and I am lonely because I don't have many friends.

I am worried that my friends will ignore me and leave me out

My parents' expectations are very high

I can't meet my expectations

I am excited as it's a new school year but scared because of PSLE.

Term 1 Check-in Survey (P5 to 6)



Neutral because school holidays felt the same. I am used to revising my work already.

# 2 Key Concerns

1. Stress Management

2. Relationship Management



# Relationship Management: Peer Relationships

Face-to-face interactions vs Online interactions

- More screen time
  - Early access to personal devices
- ↓
- Addiction/ poor time-management
  - Cyber-bullying, online dangers – inappropriate content etc.

THE STRAITS TIMES

HOME-DECOR  
Your Washing Machine READ MORE

## Why parents must protect young children from excessive screen time



Excessive screen time use in children can lead to a myriad of issues, including myopia, speech delay, autism-like symptoms and obesity. PHOTO: ST FILE

THE STRAITS TIMES

sph media Journalism isn't just about writing and reporting stories

## Singapore to put in place measures to deal with screen time and device use in coming months



Another yet-to-be-published study explores how a child's mental wellness is affected by the linkage between brain development and executive function. PHOTO: ST FILE



Given the negative impact of excessive screen time on child health and development, **Grow Well SG will reinforce good screen use habits by providing clearer and more actionable guidance and adjusting practices in schools.**

# MOH's new screen time guidelines for kids under 12



## 7 to 12 years old



- Screen time: **Under 2 hours daily**, except for schoolwork
- Avoid giving children mobile devices with unrestricted internet and app access
- Avoid giving children access to social media



### At Preschools

- [Update]** ECDA Code of Practice + Early Years Development Framework Educators' Guide on management of screen use at preschools

### At Schools

- [New]** Guidance on use of smartphones and smartwatches in schools

# School's Approach

## RULES

- Students who bring their electronic devices, including smart watches, are to keep them switched off at all times and place them in their school bag.
- Electronic devices can only be used to contact parents/guardians after school dismissal at the waiting area outside the general office or the security guard post or with the permission of teachers.

## EDUCATION

- Consistent and constant education on how to be responsible digital users through FTGP, cyber wellness talks and assembly programmes.
- Encourage students not to form any groupchats with friends and peers.
- Availing trusted adults (including teachers, YH/AYH and SSC) to students who require help.



# How can parents help their child develop good digital habits?



Here are some ways:

- Role model good digital habits for your child/ward (e.g. parents/guardians not using devices during mealtimes).
- Have regular conversations with your child to better understand what they do online, how to stay safe and how to use technology in a responsible manner.
- Discuss and develop a timetable with your child to moderate their time spent on screens.

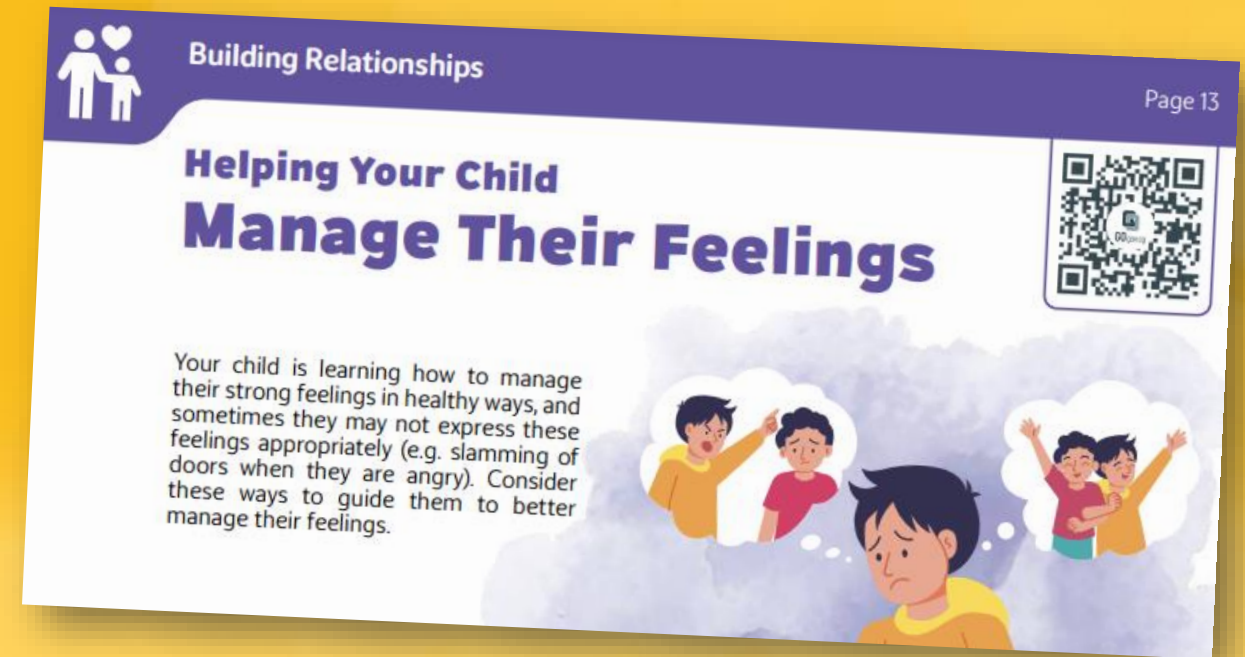




# How can parents help their child manage work stress?

Here are some ways:

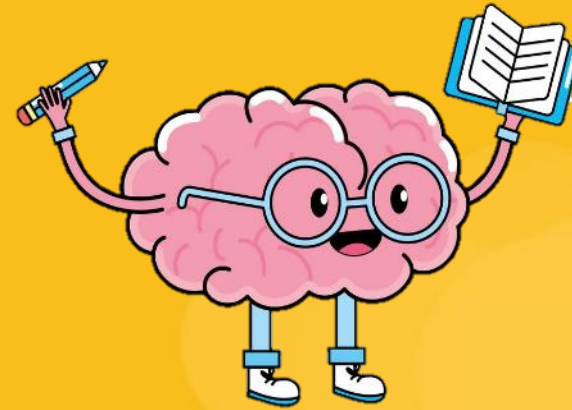
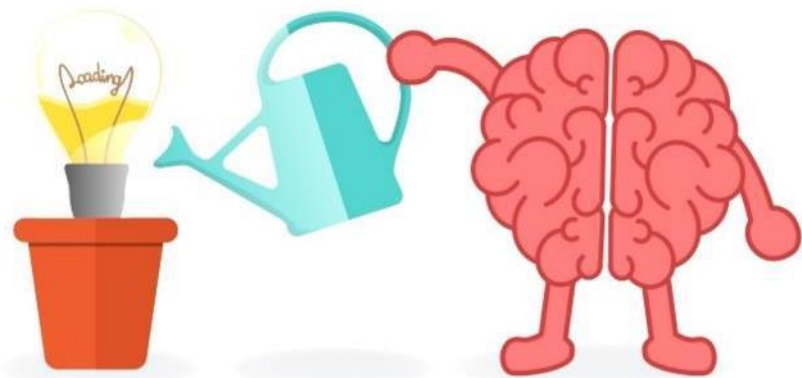
- Strong home-school partnership – gather feedback from teachers on child's progress and in turn share observed strengths or areas of growth about child.
- Empower your child and encourage them to seek help when in need.



# Student Development:

# GROWTH

# mindset



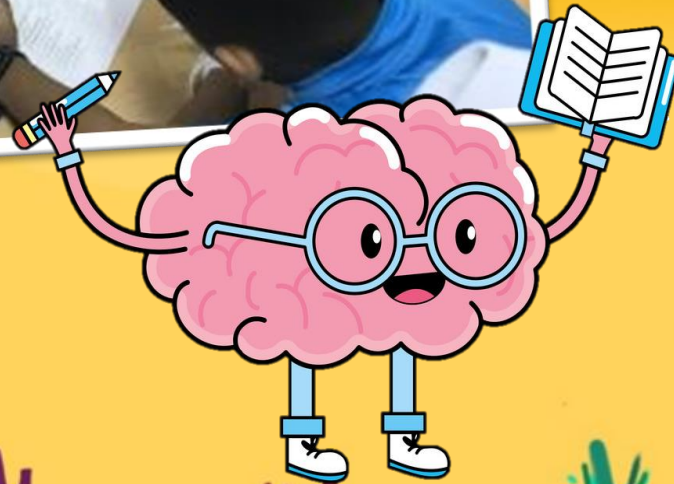
The belief that with practise, perseverance and effort, people have **limitless potential to learn and grow**

Assumes that intelligence and other qualities, abilities and talents can be developed with effort, learning and **dedication over time.**





**Pri 6:**  
**A Goal**  
**without a**  
**Plan is just a**  
**Wish**



# Promote **GROWTH** Mindset at home...



- Have regular conversations with your child to encourage them to share their hopes for what they want to achieve, as well as challenges.
- Set goals together with your child using the **S.M.A.R.T** framework and guide them towards their goals while strengthening parent-child relationship



# Importance of setting short-term SMART Goals

Click link for video:

<https://youtube.com/shorts/2RgI0HEdo38?si=FdI2CPveQKGdX4xP>



# GROWTH Mindset: A Goal without a Plan is just a Wish



What *exactly* are you trying to achieve?

How will you know when you've achieved it?

Is it genuinely possible to achieve it?

Does it contribute to your agency's revenue growth?

When do you want to achieve this by?



# MOE Parenting for Wellness Toolbox

- For more bite-sized resources (practical tips and strategies) on building strong parent-child relationships, supporting your child's mental well-being and parenting in the digital age, scan the QR code to download a copy of the **Parenting for Wellness Toolbox** for parents.

<https://file.go.gov.sg/pfw-toolbox-for-parents.pdf>



- The Parenting for Wellness website will also be rolled out in 2025 on Parent Hub (hosted by HPB) for personalised accessed to a full suite of parenting resources.



# Parent's Support



*“No school can work well for children if parents and teachers do not act in partnership on behalf of the children’s best interests.”*

*~ Dorothy H Cohen*





# Q & A

Please type your questions using the chat function.



# Interaction with Form Teachers



# Interaction with Form Teachers

- Join the respective breakout rooms according to your child's class.
- Your child's Form Teachers will be in the rooms to interact with you.
- You may leave the meeting at the end your interaction with the Form Teachers

<b>6RESPECT</b>	Mr Razif
	Ms Ang Hui Nee
	Mrs Geraldine Lim
<b>6RESPONSIBILITY</b>	Ms Sakina
	Mdm Tan Kok Teng
<b>6RESILIENCE</b>	Mdm Marlina
	Mrs Chan Pui Yong
<b>6INTEGRITY</b>	Mdm Nurul Huda
	Mdm Liang Wei Hsiang
<b>6CARE</b>	Mr Seah Jin Yang
	Mr Firdaus
<b>6HARMONY</b>	Mrs Candice Poh
	Mdm Shamira





Thank You!



FOR YOUR SUPPORT

Rivervale Primary

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Succeed & Excel

